

湖南中医杂志

HUNAN ZHONGYI ZAZHI

第 42 卷第 1 期(总第 323 期)

2026 年 1 月 28 日出版

1985 年创刊

月刊 公开发行

主 管

湖南省卫生健康委员会

主 办

湖南省中医药研究院

编委会主任

葛金文

主 编

葛金文

副 主 编

刘柏炎 喻翠云

张尚华(常务)

蔡铁如 王红梅

编辑部副主任

尹 勇

本期责任编辑

徐 琦

编辑出版

《湖南中医杂志》编辑部

地 址

湖南省长沙市岳华路142号

邮政编码

410013

电话/传真

0731-88888572

电子信箱

hnzy188@188.com

网 址

http://www.hunanzzy.com

国际标准连续出版物号

ISSN 1003-7705

国内统一连续出版物号

CN 43-1105/R

总 发 行

国内:湖南省长沙市邮政局

邮发代号42-71

国外:中国国际图书贸易集团有限公司

邮发代号 BM1102

印 刷

湖南省日大彩色印务有限公司

广告经营许可证号

湘工商广字〔128〕号

定 价

每期12元,全年144元

目 次

读懂中医

“诚意 求索 惟新 玄同”院训的精神特质与时代使命

…………… 谢孝明(1)

大师传薪

国医大师刘祖贻运用“杂病调中”理论治疗郁证的临证经验

及案例分析…………… 伍诗卉,李枝鑫,刘 芳(6)

名医经验

姚欣艳基于“风胜则动”理论诊治帕金森病运动症状经验

…………… 李浩然,刘 侃,李 婷,黄宇文,姚欣艳(11)

胡金辉基于“少阳为枢、太阴为开”理论辨治肉芽肿性

乳腺炎经验…………… 梁 妍,胡玉蝶,杨 争,胡金辉(15)

朱伟采用针-药-功法综合治疗腰椎间盘突出症经验

…………… 邱文凤,孙 蓉,朱 伟(19)

欧阳紫婷在辅助生殖全周期中的中医治疗经验

…………… 谢锂岑,欧阳紫婷,宁东红,唐慧珍(23)

中西医整合防治肿瘤

“癌毒-态靶”辨证下固本消积颗粒治疗结直肠癌的中医

理论探析…………… 彭 巍,张婧婷,柳 卓,曾普华(27)

基于“左升右降”理论探讨放射性口腔黏膜炎的辨治思路

… 谭可欣,陈佳铭,韩 宸,陈 坚,梁 慧,谭 英(33)

临床论著

基于“脾脑同治”理论应用针刺联合自拟定痫宁治疗癫痫

风痰闭窍证35例…………… 张秀胜,孙玄静(38)

肉毒素注射联合耳穴压豆治疗面肌痉挛45例

…………… 余聪沛,何俊颖,何雅琪(43)

温阳益气强心方联合西医常规疗法治疗阳虚水泛型急性心力

衰竭40例…………… 刘均仪,梁惠贤,彭启舜(48)

不同灸量温针灸治疗气虚血瘀型老年性稳定型心绞痛60例

…………… 贺陈思,李 强,刘鑫烨,汪厚莲(54)

针刺联合参芪活血汤治疗糖尿病下肢血管病变45例

…………… 陈同炎,张 汛(60)

振痿汤联合他达拉非治疗肾阳虚型勃起功能障碍40例

…………… 夏 康,庞 然,莫君甫,吴朝奎,李道端(64)

基于“筋膜-经筋轴”理论应用温针联合肾着汤合新定白

术汤治疗寒湿痹阻型非特异性下腰痛30例

…………… 吴银君,殷金炎,薛鹏飞,王 胜,魏绪旺(69)

足经郄穴穴位注射正清风痛宁联合膝关节腔内注射玻璃酸钠治疗膝骨关节炎 30 例 罗伦建, 陈平国 (74)

实验研究

基于网络药理学和分子对接探讨丹参 - 川芎治疗冠心病稳定型心绞痛的作用机制

..... 文 培, 唐惠玲, 姜志涛, 陈 聪, 张慧卿 (78)

基于多组学与机器学习的黄芪赤风自拟方调控线粒体 - 代谢轴改善肌少症的机制研究

..... 刘晓铭, 刘 慧, 邝盈妍, 胡劭文 (88)

基于网络药理学和分子对接技术探究白芷 - 补骨脂 - 乌梅治疗白癜风 - 高尿酸血症的作用机制

..... 史 欣, 雷 鸣, 王声鸣 (108)

岐黄随笔

基孔肯雅热的中医经典名方防治策略

..... 尹周安, 张家祎, 贺圆圆, 黎 柳, 黄小丽, 毛娅男, 熊 瑛, 田家璇 (120)

基于正邪相争理论探讨中医药防治疫病..... 管志敏, 郝春花, 郭志丽, 罗开涛 (125)

“天人相应”视域下的溪谷结构与功能探析

..... 蒋珍玲, 黄文韬, 詹登杰, 刘率章, 李江山, 龚智超, 李 武 (130)

基于“慢病入络”理论探讨特应性皮炎分期辨治思路..... 何可为, 刘朝圣, 李禹希, 李 想 (135)

基于“气伤痛, 形伤肿”理论探析毫火针结合拔罐治疗急性踝关节扭伤的机制与思路

..... 辛雯雯, 张燕航, 占小芳, 包振炎, 林 桑, 张 洁 (140)

基于“虚气留滞”理论从泛凋亡角度探讨视神经萎缩的病机及中医药防治

..... 周贤慧, 邓文倩, 喻 娟 (144)

医案医话

基于“引火归元”理论治疗类风湿关节炎伴口腔扁平苔藓验案 1 则

..... 李 丹, 黄 聪, 杨佳霞, 蔡国昌, 晏顺寅, 安 阳 (149)

吴深涛治疗痛性糖尿病周围神经病变验案 1 则..... 郑亚青, 邵 岩, 吴深涛 (152)

文献研究

中医药治疗肺结节有效性及对炎症免疫调节作用的 Meta 分析 梁 珂, 黄如敏, 王 宁 (154)

中医适宜技术对痔疮术后疼痛改善效果的网状 Meta 分析

..... 唐 柔, 王秋婷, 朱鑫鑫, 隆丽芳, 林美珍 (162)

SIRT3 在高脂血症和血管内皮功能损伤中的研究进展

..... 张晓艳, 张红星, 潘小丽 (171)

杏林综览

中医医院护士反思性实践现状及其与逆境商和职业抱负的相关性研究

..... 梁佳宁, 彭小玉, 刘婧雯, 刘季玉, 吴琴静 (179)

基于供给侧结构性改革探索中医学专业学位研究生导师“三维联动”培训模型的构建与实践

..... 左 强, 张子涵, 邵正斌, 丁碧云, 王时光 (187)

“治未病”视域下中医药院校学生廉洁教育创新路径研究..... 周晶燕 (194)

新年献辞..... (封 2)

广告..... (封 3、封 4)

HUNAN ZHONGYI ZAZHI

Volume 42, Number 1 (Issue 323)

Jan. 28th, 2026

Founded in 1985

Published Monthly

Responsible Institution

Health Commission of Hunan Province

Sponsor

Hunan Academy of Chinese Medicine

Editorial Board Director

GE Jinwen

Editor-in-Chief

GE Jinwen

Associate Editor-in-Chief

LIU Boyan YU Cuiyun

ZHANG Shanghua (Executive)

CAI Tieru WANG Hongmei

Deputy Editorial Director

Yin Yong

Responsible Editor for this issue

XU Qi

Editing and Publication

Editorial Department, Hunan Journal of

Traditional Chinese Medicine

Address

No.142 Yuehua Road, Changsha, Hunan

Zip code: 410013

Tel/Fax:0731-88888572

E-mail:hnzy188@188.com

Website:http://www.hunanzzyz.com

ISSN 1003-7705

CN 43-1105/R

Distributor

Domestic: Changsha Post Office, Hunan Province,

Postal Distribution Code: 42-71

Overseas: China International Book Trading

Corporation, Postal Distribution Code: BM1102

Printing

Hunan Rida Color Printing Co., Ltd.

Advertisement Permit

Advertising License No.128

Price

¥12/issue, ¥144/year

MAIN CONTENTS

Spiritual characteristics and contemporary mission of the institutional motto of "Sincerity, Exploration, Innovation, and Profound Unity"

..... XIE Xiaoming (1)

Clinical experience and cases of National Chinese Medicine Master

Liu Zuyi in treatment of depression syndrome based on the theory of regulating the middle Jiao for miscellaneous diseases

..... WU Shihui, LI Zhixin, LIU Fang (6)

Traditional Chinese medicine theory of Guben Xiaoji Granule in treatment of colorectal cancer based on the "cancer toxin-state-target" syndrome differentiation framework

..... PENG Wei, ZHANG Jingting, LIU Zhuo, ZENG Puhua (27)

Syndrome differentiation and treatment of radiation-induced oral mucositis based on the theory of "left ascending and right descending"

..... TAN Kexin, CHEN Jiaming, HAN Chen, CHEN Jian, LIANG Hui, TAN Ying (33)

Clinical effect of acupuncture combined with self-made Dingxianning in treatment of epilepsy with syndrome of wind-phlegm blocking orifices based on the theory of "simultaneous treatment of spleen and brain": An analysis of 35 cases

..... ZHANG Xiusheng, SUN Xuanjing (38)

Clinical effect of botulinum toxin injection combined with ear acupoint bean pressing in treatment of hemifacial spasm: An analysis of 45 cases

..... SHE Congpei, HE Junying, HE Yaqi (43)

Clinical effect of Wenyang Yiqi Qiangxin prescription combined with conventional Western medicine treatment in treatment of acute heart failure with water overflowing due to Yang deficiency: An analysis of 40 cases

..... LIU Junyi, LIANG Huixian, PENG Qishun (48)

Clinical effect of warming acupuncture-moxibustion with different dosages in treatment of elderly stable angina pectoris with Qi deficiency and blood stasis: An analysis of 60 cases

..... HE Chensi, LI Qiang, LIU Xinye, WANG Houlian (54)

Clinical effect of acupuncture combined with Shenqi Huoxue Decoction in treatment of diabetic lower extremity vascular disease: An analysis of 45 cases

..... CHEN Tongyan, ZHANG Xun (60)

Clinical effect of Zhenwei Decoction combined with tadalafil in treatment of erectile dysfunction with kidney Yang deficiency: An analysis of 40 cases	XIA Kang, PANG Ran, MO Junfu, WU Chaokui, LI Daoduan (64)
Clinical effect of warm acupuncture combined with Shenzhuo Decoction and Xinding Baizhu Decoction in treatment of non-specific low back pain with cold-damp obstruction based on the theory of fascia-meridian sinew axis: An analysis of 30 cases	WU Yinjun, YIN Jinyan, XUE Pengfei, WANG Sheng, WEI Xuwang (69)
Clinical effect of acupoint injection of Zhengqing Fengtongning at Xi points of the foot meridian combined with knee joint intra-articular injection of sodium hyaluronate in treatment of knee osteoarthritis: An analysis of 30 cases	LUO Lunjian, CHEN Pingguo (74)
Mechanism of action of Salvia miltiorrhiza-Rhizoma Chuanxiong in treatment of coronary heart disease-stable angina pectoris: A study based on network pharmacology and molecular docking	WEN Pei, TANG Huiling, JIANG Zhitao, CHEN Cong, ZHANG Huiqing (78)
Mechanism of self-made Huangqi Chifeng prescription improving sarcopenia by regulating the mitochondria-metabolism axis: A study based on multi-omics and machine learning	LIU Xiaoming, LIU Hui, KUANG Yingyan, HU Shaowen (88)
Mechanism of action of Radix Angelicae Dahuricae-Fructus Psoraleae-Fructus Pruni Mume in treatment of leucoderma - hyperuricemia: A study based on network pharmacology and molecular docking	SHI Xin, LEI Ming, WANG Shengming, (108)
Efficacy of traditional Chinese medicine in treatment of pulmonary nodules and its regulatory effect on inflammation and immune function: A meta-analysis	LIANG Ke, HUANG Rumin, WANG Ning (154)
Effect of traditional Chinese medicine appropriate techniques in improving pain after hemorrhoid surgery: A network meta-analysis	TANG Rou, WANG Qiuting, ZHU Xinxin, LONG Lifang, LIN Meizhen (162)
Research advances in SIRT3 in hyperlipidemia and vascular endothelial function impairment	ZHANG Xiaoyan, ZHANG Hongxing, PAN Xiaoli (171)

本刊特约编委单位、特约编委名单

特约编委单位	特约编委	单位地址	网 址
湖南省中西医结合医院	段云峰(书记)	长沙市麓山路58号	http://www.zyyfy.com
湖南国华制药有限公司	周 炜(书记)	长沙市岳华路142号	http://www.guohuapharm.com
湖南天劲制药有限责任公司	陈福元,王志强	长沙市高新开发区麓松路659号	https://www.hntianjin.com/